



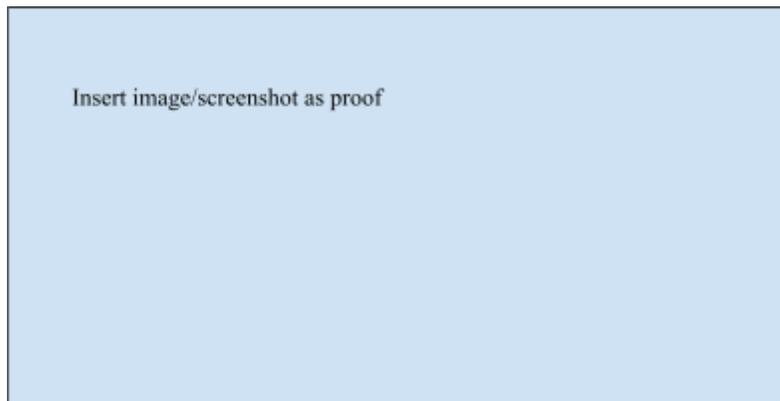
New Jersey HOSA Chartered Association | Chapter Standards of Excellence

Instructions:

Please make a copy of this document and fill it out throughout the year to obtain points towards the Chapter Standards of Excellence. At the State Leadership Conference in 2026, we will be awarding chapters with the highest number of points! This document is due **February 20th, 2026** and a PDF can be emailed to jvictor@njhosa.org, anair@njhosa.org, & jsingh@njhosa.org.

To obtain points for your chapter after completion of a task:

- Take a picture of the completed task → this could be a picture of a fundraiser, a screenshot of reposting Wellness Wednesday on Instagram, a picture of successful chapter meetings, etc.
- Attach this image under the task using the following template (copy and paste template under each task you have completed and then add the images)



- Repeat for every task that is completed (don't forget to check off the box!)
 - Have the chapter advisor sign off in the box at the very bottom of the document to verify ALL of the task items & submitted proof
 - Make sure that the document is submitted to NJ HOSA by **February 20th, 2026!**
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Achievement Criteria:

Chapter Protocol:

- Host **at least** 1 meeting per month (meetings can consist of study sessions, presentations/lessons, health advocacy, CPR/First-Aid lessons, debates, etc)
 - Hold 1 monthly meeting for every single month **(20 points)**
 - Hold 2 monthly meetings for every single month **(30 points)**
- Hold a recruitment event (in the form of an interest meeting) with the goal of introducing the idea of HOSA and the goals of the organization to potential new members **(10 points)**
- Hold a follow-up informational meeting to introduce competitive events & the process of signing up for them in your school for the rest of the year (please note: chapter advisors are in charge of the official registration process) **(10 points)**
- Hold at least one fundraiser during the school year to raise money for your Local Chapter and expenditures (i.e. International Leadership Conference travel expenses) **(20 points)**
- Organize a social event to foster interconnectivity and team spirit, or to celebrate members' accomplishments (this can be done before or after competitions; ex. holiday dance parties, pizza nights, individual chapter award celebrations, etc.) **(30 points)**
- Host a Q&A with a speaker in a healthcare profession for chapter members **(30 points)**
- Healthcare Career Day: Host an event featuring healthcare professionals across various fields. Include Q&A sessions, panels, and mock interviews to offer members real-world career insights **(50 Points)**
- Refer to the National HOSA website and the to-be-updated NJ HOSA website for any necessary resources (e.g. newsletters, event guidelines) **(10 points)**

Fostering Interconnectivity:

- Follow @njhosa on Instagram through your chapter's account **(10 points)**
- Repost at least 3 NJ HOSA *Wellness Wednesday* posts and tag @njhosa **(10 points)**
- Invite a State Officer to one of your chapter's meetings **(20 points)**
- Send us any constructive feedback or ideas your chapter has for the state council to implement to improve the member experience **(10 points)**
- Create (or already have) an Instagram (or any social media) account for your local chapter **(10 points)**

- Encourage senior members within your chapter to sign up for alumni membership through promotional content, sessions, etc. highlighting benefits of continued involvement **(10 points)**
- Have members participate in HOSA week **(10 points)**
- Submit a “Chapter Spotlight” entry to be featured on the NJ HOSA Instagram **(20 points)**
- HOSA Pen Pals: Partner with a HOSA chapter in another state or country to exchange event ideas, share cultural perspectives, and grow friendships within the HOSA network. **(25 Points)**
- Have chapter officers post Wellness Wednesday content on social media, promoting wellness within and beyond their chapter **(20 Points)**

Service:

- Have chapter officers propose opportunities for members to serve and lead in their communities (hours can be documented per member toward the **Barbara James Service Award**)
 - Creating a list of opportunities and posting it on their Google Classroom/school website **(20 points)**
 - Having members take part in such opportunities and creating a chapter spreadsheet per member for the Barbara James Service Award **(30 points)**
- Work with a service organization (Red Cross, InterACT, UNICEF, Amnesty, etc) to hold a healthcare advocacy event virtually (Zoom, Instagram Live, YouTube, etc.) **(20 points)**
- Raise awareness for a health-related issue or disparity (ex. Breast Cancer Awareness Month)
 - Publishing informative content on social media **(10 points)**
 - Creating posters/pamphlets and distributing them around the school **(10 points)**
 - Host a fundraiser that raises \$10 to \$150 for a health-related issue **(20 points)**
 - Host a fundraiser that raises more than \$150 for a health-related issue **(30 points)**
- Hold a fundraiser **specifically** for NMDP (donate directly to NMDP and send NJ HOSA receipt validating donation) **(30 points)**
- Organize an awareness campaign for the current national service project, NMDP (some ideas include but are not limited to social media posts, in person flyers in public spaces, workshops hosted about NMDP) **(30 Points)**

Leadership:

- Have Chapter Officers attend Fall Leadership Conference **(20 points)**
- Have a member(s) run for an NJ HOSA State Officer position **(30 points)**
- Advocate for the creation of a new HOSA chapter in your community or anywhere in New Jersey—middle school, secondary, and postsecondary divisions included! **(20 points)**
- Host an Interactive Workshop/Meeting. Suggestions include planning hands-on sessions such as CPR demos, mental health workshops, or healthy cooking **(20 points)**
- Register All Eligible Seniors as Alumni **(20 Points)**
- Submit a T-shirt and Pin Design **(15 Points)**

Final Signature:

Be sure to obtain your chapter advisor's signature here before submitting to NJ HOSA.

DEADLINE FOR SUBMISSION IS February 20th, 2026. Please have images attached under each task with a checkmark in the corresponding checkbox. Then, ensure that the signatures are officialized below.

Advisor's Signature: _____